

Let's help them so they help you...

Here are some things cyclists have said they would like motorists and pedestrians to do both on and off the road:

"Please be patient with us, many of us are car drivers and we know it can be frustrating to get stuck behind a cyclist, it can be very stressful if you get too close when trying to overtake us."

"Please don't overtake us on a bend, it really places us in danger."

"Please don't overtake us if it's a bit tight for you to get by, it probably means you're going to have to pull in front of us too soon."

"Please remember when the weather is bad, it makes it difficult to ride and keep control, give us a bit more room."

"Please remember we have to dodge potholes, drain covers, paint and debris on the road when you're trying to overtake."

"Please don't overtake us and then turn left immediately left in front of us, it's just so unexpected and can be really difficult to stop in time or get out of our pedals."

"Please give us a large gap when you overtake, when you're too close it can make it difficult to keep control, especially those less confident cyclists and children."



"Please don't pull in too quickly after overtaking, it makes it difficult to keep control and feels really dangerous."

"Please keep an eye out for us in your mirrors when you are in stationary or slow moving traffic."

"If we are riding in a dominant road position that blocks your path, we're usually doing it for a reason, not to be awkward, it's because we don't want you to overtake us here."

Pedestrians...

"When you're a pedestrian, please check the road carefully for us when you're trying to cross - remember we don't make much noise. We are permitted to cycle against the flow of traffic in some one way streets in St Helier."

"When you are walking and using shared facilities with us, please keep an eye out for us. It can be really difficult to avoid you if you're weaving about unexpectedly or letting your dog walk in the cycle lane on an extendable lead."

"Please don't walk in dedicated cycle lanes."



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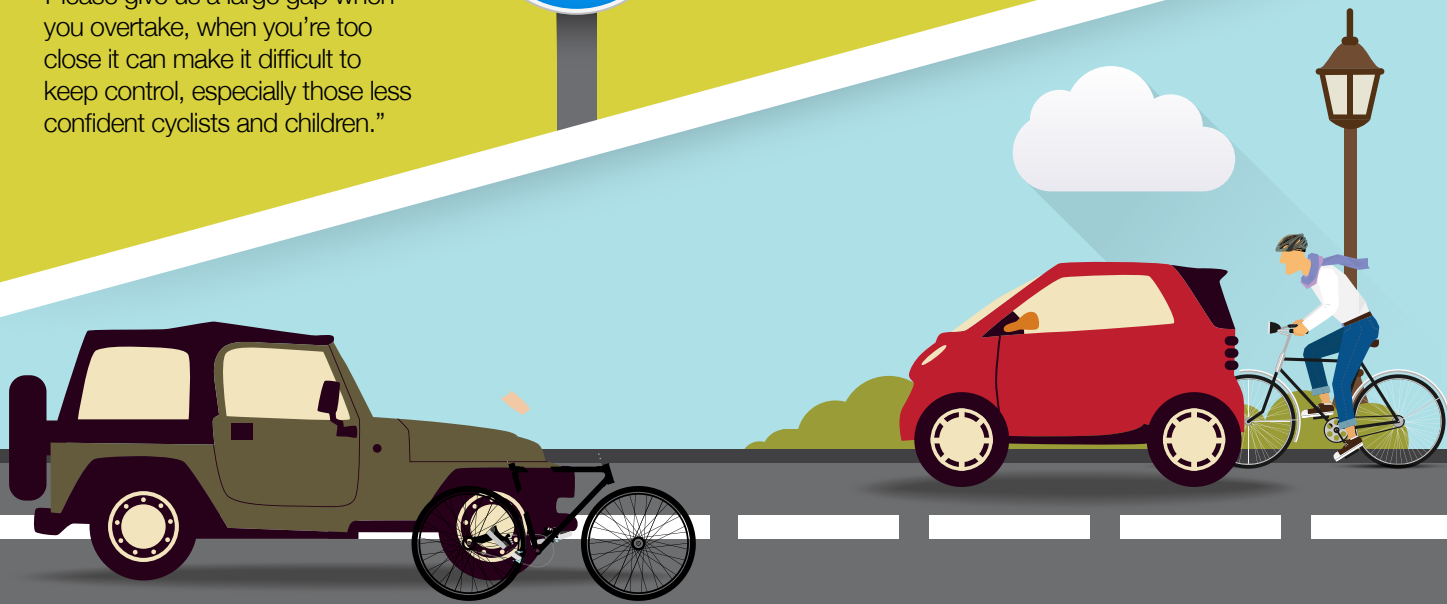
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Let's look out for each other



Each year cyclists, pedestrians and car drivers are injured both on and off the road.

Everyone can benefit if all road users **'Look Out for Each Other'**.

We've produced this leaflet to help you to see things from a cyclist's point of view and we hope it will help you to think about their needs on the road and take it into account when driving and walking.

LET'S LOOK OUT
FOR EACH OTHER



MOTORISTS

CYCLISTS & PEDESTRIANS

Find out more about road safety at
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